

WELCARE[®]
SINCE 1996

**exercised
today?**



DOMESTIC RANGE

SINCE 1996 | 90+ BRAND STORES 
INDIA'S MOST TRUSTED FITNESS EQUIPMENT BRAND

6000+ GYM
INSTALLATIONS ACROSS INDIA

600000+
HAPPY CUSTOMERS

OUR PRODUCT RANGE

COMMERCIAL

- CARDIO
- STRENGTH

HOME USE

- CARDIO
- STRENGTH

REHABILITATION USE

- CARDIO
- AQUA FITNESS

BODY COMPOSITION ANALYZER

- BODY COMPOSITION ANALYZER
- BLOOD PRESSURE MONITORING
- BODY FAT SCALE

FITNESS ACCESSORIES

- BALANCE & STABILITY
- RESISTANCE & EXPLOSIVENESS
- ASSORTED EQUIPMENT
- STRENGTH TRAINING
- AUXILIARY & ACCESSORIES

- PAN India Presence
- Preferred Choice of the Professionals Body Builders, Physiotherapist and Sports People
- Complete Guidance for Gym Projects
- Expert Equipment's Selection and Maintenance Guidance
- Exclusive Customer Care 1800 425 1855

FIRST ISO CERTIFIED FITNESS EQUIPMENT COMPANY IN INDIA



WELCARE
SINCE 1996

WELCARE

S&T WELCARE EQUIPMENTS (P) LTD
Fitness Equipment Division



S&T HEALTHCARE TECHNOLOGIES (P) LTD
Medical Equipment Division



S&T ENGINEERS | Trading Unit
of S&T Group



S&T GROUP
SINCE 1996



WE HAVE CHOSEN WELCARE AND YOU?

Training the muscles is all about training in right equipment
Welcare Equipments are Bio-mechanically designed & proven, that
gives you the perfect workout and avoid injuries.



*“Innovation in
Gym Equipments”*

Presented by **Men's Health**
(World's Renowned Health Magazine)

Thank you for supporting us
to achieve this award



*“Customer Service
Excellence
-Fitness Equipment”*




WC5888 AC MOTORIZED TREADMILL


FitSHOW
App Support





Motor (Normal/Peak)	2.0 / 4.0 HP AC
Speed Range	1~18 Km/Hr
Walking Area (LxW)	1400x500mm (55"x20")
Incline	15 Level Auto
Max. User Weight	135 Kgs
Features	Heart rate monitor, MP3 player, Earphone jack, Stereo speaker, iPad Holder, Water bottle holder, Cooling fan.

- LED Display


- Hydraulic Folding


- Incline

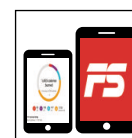

- Transport Wheels






WC5959 AC MOTORIZED TREADMILL


FitSHOW
App Support





Motor (Normal/Peak)	2.0 / 4.0 HP AC
Speed Range	1~20 Km/Hr
Walking Area (LxW)	1500x510mm (59"x20")
Incline	15 Level Auto
Max. User Weight	135 Kgs
Features	MP3, USB, Speaker, FitSHOW App, Bluetooth, Air Cushion Technology, iPad Holder Hand Speed & Incline


- LCD Display


- Transport Wheels


- Cushion


- Hydraulic folding


- Incline





WC4848 **MOTORIZED TREADMILL**

	WC4848 DC	WC4848 AC
Motor (Normal/Peak)	2.5 / 5.0 HP DC	1.5 / 3.0 HP AC
Speed Range	1~18 Km/Hr	1~18 Km/Hr
Walking Area (LxW)	1380x480mm (54"x19")	1380x480mm (54"x19")
Incline	18 Level Auto	18 Level Auto
Max. User Weight	120 Kgs	120 Kgs
Features	MP3, USB, with Wheels for Easy Moving, Foldable.	MP3, USB, with Wheels for Easy Moving, Foldable.

LCD Display



Hydraulic Folding




Incline



Transport Wheels



WC4648I **MOTORIZED TREADMILL**

Motor (Normal/Peak)	2.0 / 4.0 HP DC	<p>LCD Display</p> 
Speed Range	1.0 ~ 16 Km/Hr	
Walking Area (LxW)	1300x480mm (52"x19")	
Incline	15 Level Auto	
Max. User Weight	115 Kgs	
Features	MP3 Player, Hand Pulse, Incline, Easy Lubrication system, Foldable	

Incline



Hand Pulse



Easy Lubrication



Hydraulic Folding



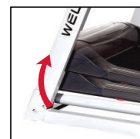
WC3500I **MOTORIZED TREADMILL**

Motor (Normal/Peak)	2.0 / 4.0 HP DC
Speed Range	1.0 ~ 16 Km/Hr
Walking Area (LxW)	1285x450mm (51"x18")
Incline	12 Level Auto
Max. User Weight	110 Kgs
Features	with iPad Holder, Soft drop, Quick speed, Incline button, Soft cushion

LCD Display



Incline



iPad Holder



Moving Wheel





WC2199 **MOTORIZED TREADMILL**

Motor (Normal/Peak)	1.5 / 3.0 HP DC (Brushless Motor)
Speed Range	0.8~14 Km/Hr
Walking Area (LxW)	1080x420mm (42"x16")
Display	LCD Display
Display Reading	Speed, Distance, Time, Calorie, Heart rate,
Incline	3 Level manual
Programs	12 preset programs
Max. User Weight	100Kg
Features	Bluetooth APP, Bluetooth Music
Assembly area	1315x655x1150mm (51"x25"x45")



MOTORIZED TREADMILL

	WC3599	WC3599I	WC3599M	WC3599MI
Motor	1.75 / 3.5 HP DC CONTINUOUS	1.75 / 3.5 HP DC CONTINUOUS	1.75 / 3.5 HP DC CONTINUOUS	1.75 / 3.5 HP DC CONTINUOUS
Speed Range	0.8~16 Km/Hr	0.8~16 Km/Hr	0.8~16 Km/Hr	0.8~16 Km/Hr
Walking Area (LxW)	1200x450mm (47"x17")	1200x450mm (47"x17")	1200x450mm (47"x17")	1200x450mm (47"x17")
Incline	3 level manual	15 Level auto	3 Level manual	15 Level auto
Display	LCD	LCD	LCD	LCD
Display reading	Time, Distance, Calories Speed, Pulse,	Time, Distance, Calories Speed, Pulse,	Time, Distance, Calories Speed, Pulse,	Time, Distance, Calories Speed, Pulse,
Programs	12Preset Programs+1 Manual	12Preset Programs+1 Manual	12Preset Programs+1 Manual	12Preset Programs+1 Manual
Max. User Weight	120Kg	120Kg	120Kg	120Kg
Assembly area	1470x680x1260mm (57"x26"x49")	1470x680x1260mm (57"x26"x49")	1470x680x1260mm (57"x26"x49")	1470x680x1260mm (57"x26"x49")
Features	Bluetooth, Hand Pulse	Bluetooth, Hand Pulse	Bluetooth, Hand Pulse	Bluetooth, Hand Pulse
Multi Option				Massager, Situp



WC4849I MOTORIZED TREADMILL

Motor (Normal/Peak)	2.5 / 5.0 HP DC
Speed Range	1.0 ~ 18 Km/Hr
Walking Area (LxW)	1400x480mm (55"x18")
Incline	15 Level Auto
Programs	15 programs
Max. User Weight	120 Kg
Assembly area	1665x755x1300mm (65"x29"x51")
Features	Bluetooth APP, Bluetooth music

FitSHOW
App Support



MOTORIZED TREADMILL

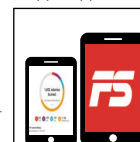
	WC5899AC	WC5899DC
Motor (Normal/Peak)	2.0 / 4.0 HP AC	3.0 / 6.0 HP DC
Speed Range	1~20 Km/Hr	1~20 Km/Hr
Walking Area (LxW)	1500x520mm	1500x520mm
Incline	20 level auto	20 level auto
Display	LED Display	LED Display
Display Reading	Speed, Distance, Time, Calorie,	Speed, Distance, Time, Calorie,
Programs	Heart rate	Heart rate,
Max. User Weight	P1-P24, U1-U8	P1-P24, U1-U8
Features	140Kg	140Kg
Assembly area	bluetooth music & fitshow app	bluetooth music & fitshow app
	1926x862x1566mm	1926x862x1566mm



WC3999 MOTORIZED TREADMILL

	WC3999AC	WC3999DC
Motor (Normal/Peak)	1.25 / 2.5 HP AC	2.25 / 4.5 HP DC
Speed	1.0 ~16 Km/Hr	1.0 ~14 Km/h
Walking Area (LxW)	1200x450mm (47"x18")	1200x450mm (47"x18")
Incline	18 Level Auto	-
Programs	50 Preset Programs	50 Preset Programs
Features	Built in silicone cushions, Mp3, Fitshow App Quick speed/incline keys, Easy to foldable	Built in silicone cushions, mp3, Fitshow App quick speed/incline keys, easy to foldable
Max. User Weight	110 Kgs	110 Kgs

FitSHOW
App Support



WC2299 MOTORIZED TREADMILL

	WC2299	WC2299I	WC2299M	WC2299MI
Motor(Normal/Peak)	1.75 / 3.5 HP DC	1.75 / 3.5 HP DC	1.75 / 3.5 HP DC	1.75 / 3.5 HP DC
Speed	1.0 ~16 Km/Hr	1.0~16 Km/Hr	1.0~16 Km/Hr	1.0~16 Km/Hr
Walking Area (LxW)	1200x420mm (47"x16")	1200x420mm (47"x16")	1200x420mm (47"x16")	1200x420mm (47"x16")
Incline	3 level manual	15 level Auto		3 level manual
Programs	12 preset programs + 1 manual	12 preset programs + 1 manual	12 preset programs + 1 manual	12 preset programs + 1 manual
Features	MP3, Bluetooth	MP3, Bluetooth	MP3, Bluetooth	MP3, Bluetooth
Max. User Weight	110 Kgs	110 Kgs	110 Kgs	110 Kgs
Multi-function option			Massager, Sit-up	Massager, Sit-up



5" LCD Display



Transport
Wheels



Hydraulic
folding



Incline



Massager



AB Crunch





WC3555 MOTORIZED TREADMILL

Motor (Normal/Peak)	2.0 / 4.0 HP DC
Speed Range	1~16 Km/Hr
Walking Area (LxW)	1220x430mm (49"x17")
Max. User Weight	110 Kgs
Features	Mp3 Jack, FitSHOW App, iPad Holder, Cushion

FitSHOW App Support



(Optional)

LCD Display



Hydraulic Folding



Cushion



WC3777 MOTORIZED TREADMILL

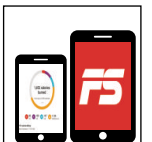


WC3777

WC3777M

Motor (Normal/Peak)	2.0 / 4.0 HP DC	2.0 / 4.0 HP DC
Speed Range	1.0 ~14 Km/Hr	1.0~14 Km/Hr
Walking Area (LxW)	1150x420mm (45"x16")	1150x420mm (45"x16")
Incline	3 Level Manual	3 Level Manual
Max. User Weight	100 Kgs	100 Kgs
Multi-function	-	Massager, Sit-up, Dumbbells
Features	MP3, Mobile & Tablet holder, FitSHOW App, USB, Rubber cushion with Gas spring for folding	MP3, Mobile & Tablet holder, FitSHOW App, USB, Rubber cushion with Gas spring for folding

FitSHOW App Support



3.5" Blue LCD



Massager



Pulse



Hydraulic Folding



AB Crunch





LED Display



WCE31 SEMI COMMERCIAL ELLIPTICAL TRAINER

Flywheel	12 Kgs
Resistance	32 Levels
Stride	20"
Display Type	LED
Display Reading	Speed, Time, Distance, Calories, Pulse, Watt, Cardio (if W/BT), Watt Program, Recovery and Body Fat, User Defined Mode, etc., Total 12 Programs
Program	Manual, Interval, Weight Loss, Target Heart Rate, Fit Test, Random, Warm Up and Warm Down, etc., Total 12 Programs
Max. User Weight	150 Kgs
Assembly Area(LxWxH)	2005x635x1762mm(79"x25"x69")
Features	Hand Pulse Sensor, Mobile Holder



E35 SEMI COMMERCIAL ELLIPTICAL CROSS TRAINER

Flywheel	11 kgs
Resistance	16 Levels with EMS system
Watts	3 Watts
Display type	LCD Display
Display reading	Time, Speed, Calories, Distance, Pulse
Max. User weight	150 Kgs
Assembly area (LxWxH)	1725x660x1700mm (49"x29"x65")
Features	21 Preset program with belt transmission system With built-in bluetooth receiver and 3 levels manual incline

LCD Display



Flywheel



Large Pedal



Hand Pulse



LCD Display



WC6055 ELLIPTICAL TRAINER LITE COMMERCIAL

Flywheel	15 Kgs
Stride	21"
Resistance	24 Levels of self generated power control system
Display Type	LCD
Display Reading	Speed, Time, Distance, Calories, Pulse, Watt
Program	24 Programs, HRC, Recovery
Max. User Weight	135 Kgs
Assembly Area(LxWxH)	2000x511x1705mm (79"x20"x67")
Features	Easy Movable & Floor Stabilizer Bush

21" Stride



Hand Pulse



Large Pedals



Resistance Control



**WCE505 LOW IMPACT ELLIPTICAL TRAINER**

Flywheel	12 Kgs
Resistance	32 Level
Stride	3 level adjustable stride length 18", 20" and 23"
Display type	HTN dual-color LCD console with easy-to-read Back-Lit display
Display reading	Time, Distance, ODO, Calories, Age, Pulse Speed/RPM, Level, Watt, Pulse Recovery
Max. User weight	130 Kgs
Assembly area (LxWxH)	1244x736x1651mm(49"x29"x65")
Features	Removable water bottle holder, Built-in hand pulse sensors Transport wheels, floor levelers adjustable comfy over-sized solid foot pedals, non-slip solid pedal

LCD Display



Water Bottle Holder



Transport Wheel



Large Pedal

**WC6888 ELLIPTICAL TRAINER**

Flywheel	8 Kgs
Resistance	8 Levels of magnetic manual resistance
Display type	LCD Display
Display Reading	Speed, Time, Speed, Distance, Calories, Pulse & ODO
Crank	3 pcs
Max. User Weight	110 Kgs
Assembly area (LxWxH)	1500x520x1700mm (59"x20"x67")

LCD Display



Side Cover



Large Pedal



Large Transport Wheel

**WC6031 ELLIPTICAL CROSS TRAINER**

Flywheel	10 Kgs
Stride	20"
Resistance	16 Levels
Display Type	LCD
Display Reading	Time, Distance, Calories, Pulse (on Handle), Programs, HRC
Max. User Weight	115 Kgs
Assembly Area(LxWxH)	1440x750x1500mm (57"x30"x59")
Features	Magnetic Resistance with Auto Tension

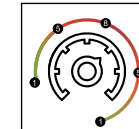
LCD Display



20" Stride Length



Auto Resistance Control



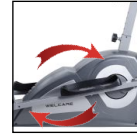
Your Workout Levels
Adjust Automatically (Hard to Low)



WC6020 ELLIPTICAL CROSS TRAINER

Flywheel	10 Kgs
Stride	18"
Resistance	8 Levels Manual Magnetic Resistance
Display Type	LCD
Display Reading	Speed, Time, Distance, Calories, Pulse
Max. User Weight	110 Kgs
Assembly Area(LxWxH)	1100x480x1590mm (43"x19"x62.5")
Features	Seat can be adjusted Vertical & Horizontally Easy Movable & Floor Stabilizer Bush

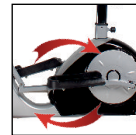
LCD Display Resistance Control 18" Stride Length



WC6010 ELLIPTICAL CROSS TRAINER

Flywheel	9 Kgs
Stride	16"
Resistance	8 Levels Manual Magnetic Resistance
Display Type	LCD
Display Reading	Scan, Time, Speed, Distance, Pulse, Calories & ODO
Max. User Weight	100 Kgs
Assembly Area(LxWxH)	1300x630x1620mm (51"x24.5"x63")
Features	Seat can be adjusted Vertical & Horizontally Easy Movable & Floor Stabilizer Bush

LCD Display Tension Control 16" Stride Length



WC6044 ELLIPTICAL CROSS TRAINER

Flywheel	5 Kgs
Stride	14"
Resistance	8 Levels Manual Magnetic Resistance
Display Type	LCD
Display Reading	Scan, Time, Speed, Distance, Pulse, Calories
Max. User Weight	90 Kgs
Assembly Area(LxWxH)	1244x610x1498mm (49"x24"x59")
Features	Seat can be adjusted Vertical & Horizontally Easy Movable & Floor Stabilizer Bush

LCD Console Tension Control 14" Stride Length





LCD Display



Tension control



Adjustable Seat

**WC8777 UPRIGHT BIKE**

Flywheel	5 Kgs
Resistance	8 Levels Manual Magnetic Resistance
Display Type	LCD
Display reading	Speed, Time, Distance, Calories, Pulse, Scan, ODO
Max. User Weight	85 Kgs
Assembly Area(LxWxH)	800X508X1168mm (31.5"X20"X46")
Features	Seat can be adjusted vertically



LCD Display



Tension Control



Adjustable Seat

**WC8006 UPRIGHT BIKE**

Flywheel	10 Kgs
Resistance	8 Levels Manual Magnetic Resistance
Display Type	LCD
Display Reading	Speed, Time, Distance, Calories, Pulse, Scan
Max. User Weight	120 Kgs
Assembly Area(LxWxH)	910x610x1400mm (36"x24"x55")
Features	Seat can be adjusted Vertical & Horizontally Handle bars can be adjusted Easy Movable & Floor Stabilizer Bush

LCD Display



Tension Control



Easy Movable



Adjustable Seat

**WC1588 RECUMBENT BIKE**

Flywheel	10 Kgs
Resistance	8 Levels Manual Magnetic Resistance
Display Type	LCD
Display Reading	Speed, Time, Distance, Calories, Pulse, Scan, ODO
Max. User Weight	130 Kgs
Assembly Area(LxWxH)	1600x700x1100mm (63"x27.5"x43")
Features	Seat can be adjusted Horizontally Handle bars can be adjusted Easy Movable & Floor Stabilizer Bush

LCD Display



Tension Control



Easy Movable



Adjustable Seat

**WC1599 RECUMBENT BIKE**

Flywheel	10 Kgs
Resistance	8 Levels Manual Magnetic Resistance
Display Type	LCD
Display Reading	Speed, Time, Distance, Calories, Pulse, Scan
Crank	3 PCS
Max. User Weight	120 Kgs
Assembly Area(LxWxH)	1500x600x1160mm (59"x23.5"x45.5")
Features	Seat can be Adjusted Horizontally Easy to Move, Mobile Holder, Large Display Screen



SD-01 SMART AI BIKE

Flywheel	8 Kg
Resistance	36 Level (Computer controlled) With AI gravity sensor, auto resistance, resistance will change as per body movement 8 Levels Manual Magnetic Resistance
Max. User Weight	135 Kg
Assembly Area(LxWxH)	(1015/1060)x575x(1041x1220)
Features	Snailcle App, iPad Holder Saddle setting: Vertical (Power adjustment) and Horizontal (Manual adjustment) Adjustable Handlebar: Up & down (Power adjustment)



Tension control



iPad Holder



Hand Pulse



Adjustable Handlebar



Adjustable seat



Snailcle APP Support





IR500UB SEMI COMMERCIAL UPRIGHT BIKE

Flywheel	10 Kgs
Resistance	DMC System
Tension control	Self generator
Display type	LCD Display
Display reading	Speed, Time, Distance, Calories, Pulse, Program, load, RPM, Watt
Programs	12 Preset training program, 3 HRC program WATT control program, user mode program THR program, Training control program
Crank	Heavy duty 3PCs crank system
Seat adjustment	Up & down, Two to fore Aft. adjustment
Max. User weight	150 Kgs
Assembly Area(LxWxH)	1778x610x1804mm (70"x24"x71")
Features	1Handle bar Heart rate monitoring USB power charger - Phone+Tablet charging



IR500RB SEMI COMMERCIAL RECUMBENT BIKE

Flywheel	10 Kgs
Resistance	DMC System
Tension control	Self generator
Display type	LCD Display
Display reading	Speed, Time, Distance, Calories, Pulse, Program, load, RPM, Watt
Programs	12 Preset training program, 3 HRC program WATT control program, user mode program THR program, Training control program
Crank	Heavy duty 3PCs crank system
Seat adjustment	Two to fore Aft. adjustment
Max. User weight	150 Kgs
Assembly Area(LxWxH)	1778x610x1804mm (70"x24"x71")
Features	Handle bar Heart rate monitoring USB power charger - Phone+Tablet charging

WC4120 MULTI WEIGHT BENCH

Max. User Weight	150 Kgs
Workouts	Abdominal, Pectoral, Biceps, Chest, Shoulder, Triceps, Lats
Assembly Area(LxWxH)	1510x500x435mm (59.5x20x17)
Features	Sturdy Steel Frame & High Quality PU Leather 8 Backrest Positions Thick & Durable Padded Cushions Steel Covered with Black Powder Coating



Steel Covered with Black Powder Coating



Multiple angles for Different muscle workouts



PU Leather Thick & Durable Seat Covers



8 Levels of Resting Positions



25+ Workouts

WC4533 4 STACK 4 STATION (CLUB)

Weight Stack	200 Kgs
Dimension(LxWxH)	2400x2400x2050mm (94.5"x94.5"x80.5")

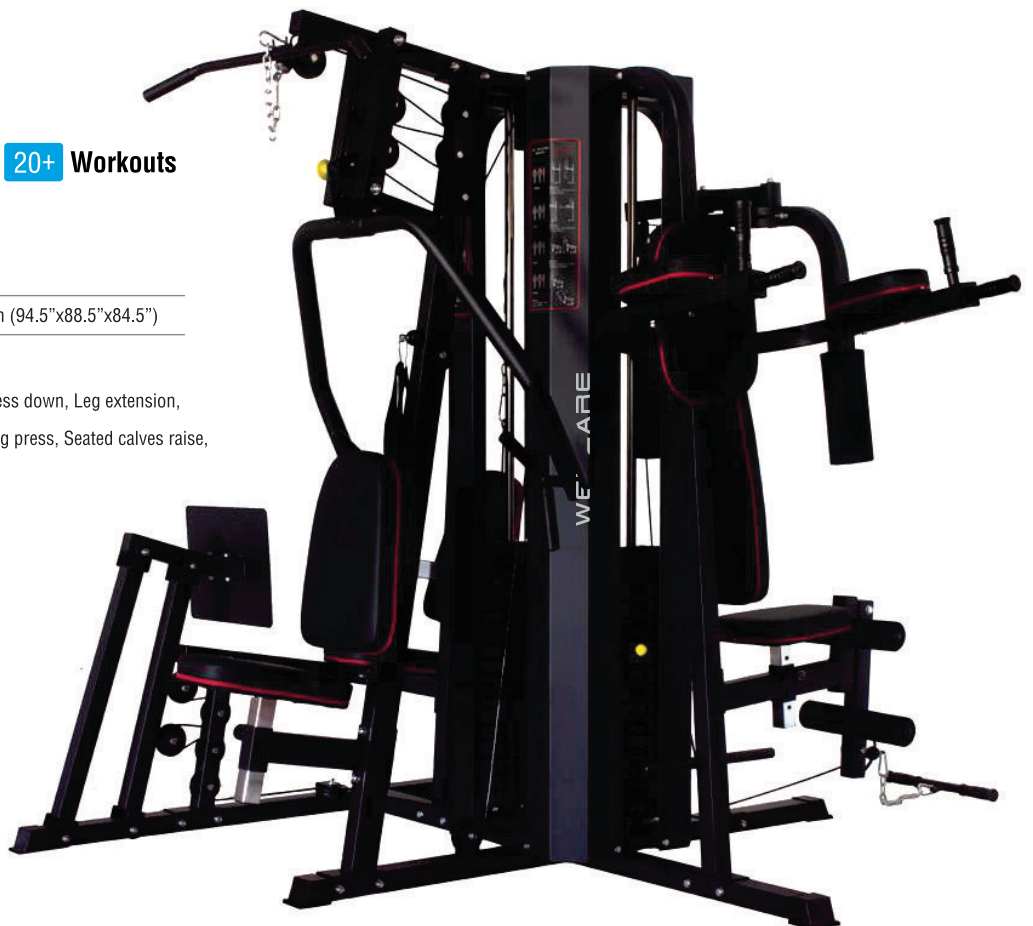
Chest press, Pec fly, Lat pull own, Leg extension, Standing leg curl, Seated leg press, Seated calves raise, AB Crunch, Biceps curl, Triceps press down, High/Low pulley, Mid row, Low row, Seated row, One arm row, Cable front raise, Cable lateral raise.

20+ Workouts

WC4522 2 STACK 4 STATION (CLUB)

Weight Stack	136 Kgs
Dimension(LxWxH)	2400x2250x2150mm (94.5"x88.5"x84.5")

Chest press, Lat pull down, Biceps curl, Triceps press down, Leg extension, Standing leg curl, Dips, Hanging leg raise, Seated leg press, Seated calves raise, AB crunch, Pec fly, Low row, mid row, Seated row.

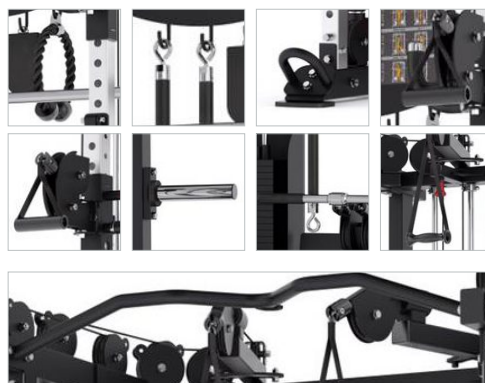




30+ Workouts

WCC5 MULTIGYM SMITH / FUNCTIONAL TRAINER

Weight Stack	110 Kgs x 2 stack = 220 Kgs
Dimension(LxWxH)	1975x1610x2120mm (191"x193"x106")
Features	Main Function : Dual adjustable pulleys smith station, adjustable pull down, adjustable row station, half rack station landmine, band pegs, battle rope kits



(Accessories not part of supply)



24 Workouts

WC454 MULTI FUNCTIONAL TRAINER & SQUAT MACHINE

Weight Stack	68 Kgs
Dimension(LxWxH)	1850x1700x2150mm (72.8"x67"x84.5")

Pull Ups, Pec fly, Squat, Biceps curl, Triceps press down, Seated row, Cable fly, Dips, Chest press (incline, Decline, Flat) Shoulder press, Half rack dead life, Back workouts, Hanging leg raise, Low row, Lat pull down.

24 Workouts



WC4407 HOME GYM

Weight Stack	75 Kgs
Main Frame	50x70x1.5mm
Cables	2000 LBS tensile strength aircraft cables
Assembly Area(LxWxH)	1600x890x2060mm (63"x35"x81")

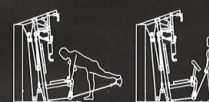
Chest press, Lat pull own, Pec fly, Biceps preacher curl,
Leg extension, Standing leg curl, AB crunch, Triceps press down,
One arm lateral raise, Shoulder front raise, Floor dips, Push up,
Low row, Seated rowing, Standing biceps curl.



SHOULDERS WORKOUT



LEG & HIP WORKOUT



CHEST WORKOUT



WAIST & BELLY WORKOUT

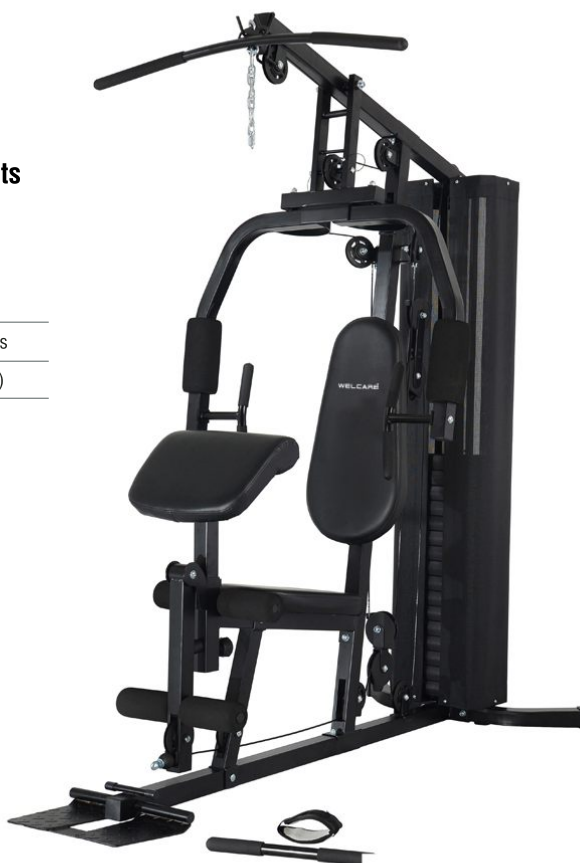


Training Guidance:

Intensive Training	Plyometric training	Regular Training
3-5 SETS	3-5 SETS	3-5 SETS
REPEAT 6-8 TIMES	REPEAT 9-10 TIMES	REPEAT 10-15 TIMES
70%-90% (ML)	40%-70% (ML)	40%-70% (ML)

(ML) Maximum Load (The maximum weight load when you finish a complete set)
Rest Periods: Rest for 1 minute between each exercise.
Rest 2-3 minutes between each intensity training.
When you exercise please maintain proper training methods and good physical conditions.

24 Workouts



WC4409 HOME GYM

Weight Stack	72 Kgs
Cables	907 Kgs tensile strength aircraft cables
Assembly Area(LxWxH)	2050x1100x1900mm (80.5"x43"x74")

Chest press, Lat pull own, Pec fly, Biceps preacher curl,
Leg extension, Standing leg curl, AB crunch, Triceps press down,
One arm lateral raise, Shoulder front raise, Floor dips, Push up,
Low row, Seated rowing, Standing biceps curl.



FM600 COMMERCIAL SPIN BIKE

Flywheel	Aluminum magnetic heavy duty & ensures smooth drives
Resistance	Magnetic system
Max. User weight	170 Kgs
Dimension (LxWxH)	1397x585x1143mm (55"x23"x45")
Features	Transport wheel for easy movement, Light weight (aluminum adjustments system makes proper set us easily)



WC4308 COMMERCIAL SPIN BIKE

Flywheel	25 Kgs Two Way Rotation
Resistance	Friction Resistance
Display	LCD Display
Max. User Weight	150 Kgs
Dimension	1169x623x1372mm (46"x24"x54")
Features	Belt transmission system, adjustable resistance 3 pcs crank, transport wheel for easy movement



T700
COMMERCIAL TREADMILL



WC880Te
COMMERCIAL TREADMILL



FM900Te
COMMERCIAL TREADMILL



WC9900
COMMERCIAL TREADMILL

AQUA SERIES



WCR11
RECUMBENT BIKE



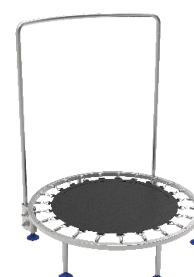
AB01
AIR BIKE



AQ5001
AQUA TREADMILL



AQ5002
AQUA BIKE



AQ5003
AQUA TAMPOLINE



Model	Size(Feet)	Weight (Kgs)	Weight Capacity (Kgs)
OB84150	7'	17	150
OB84650	7'	17.5	650
OB86650	7.2'	20	650
OB78100	6.5'	14	100
OB72100	6'	13	100
OB60100	5'	11	100
OB48100	4'	9.5	100

Model	Size(Feet)	Weight(Kgs)
OBEZ48	4'	9.8



MU-1027 DOUBLE TWISTER (OVAL)

Commercial Standards

Dimension 1601x650x1215mm

Machine Weight 43 Kgs

Features Sitting and Standing Twister



MU-1025 BENCH PRESS STAND

Dimension 660x1250x1580mm

Machine Weight 34 Kgs

Features 6 level of Racks with Chrome plated polishing for storage Purpose

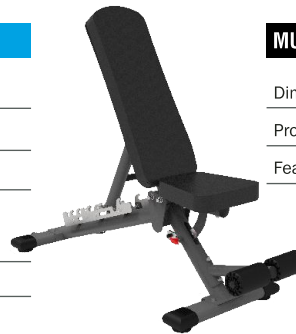


MU-1015 MULTI BENCH PRESS

Dimensions (LxWxH) 1500x1250x1200mm

Product Weight 40 Kgs

Features Sturdy Construction & Stability,
High Quality Steel.
Multi Positioning Type: Incline,
Decline, Flat, Leg



MU-1004 FIXED BENCH

Dimensions (LxWxH) 1620x600x540mm

Product Weight 45 Kgs

Features 7 Position -15°, 0°, 15°, 30°,
40°, 60°, & 80°, 3 Seat Angle setting
Movable wheel with handle



PRO-YLJ03 3 TYRE DUMBBLE RACK

Dimension 940x855x850mm

Machine Weight 25 Kgs

Features 5 nos of Dumbbell can be stored per Rack
Compact In Size Consumes low space



MU-1023 A TYPE DUMBBELL RACK

Dimensions (LxWxH) 680x665x1210mm

Product Weight 23 Kgs

Features 6 pairs store racks

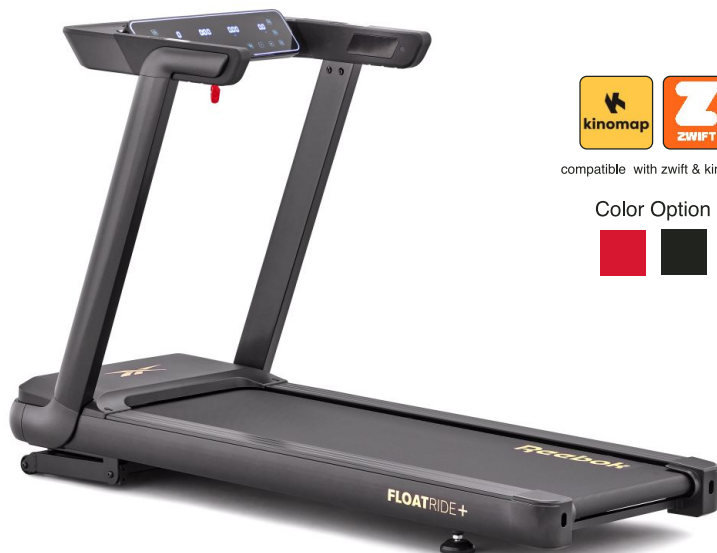


MU-7001 PULL UP BAR HEAVY DUTY WALL MOUNT

Dimensions (LxWxH) 1100x600x450mm

Product Weight 8.7 Kgs

Features With Hilti anchor nut



compatible with zwift & kinomap

Color Option



FR20Z FLOATRIDE TREADMILL

Motor (Normal/Peak)	1.25/2.25 HP DC
Speed Range	1 - 18 Km/Hr
Walking Area (LxWx)	1400x460mm (55"x18")
Incline	15 Level Auto
Display	LED Touch display
Display Reading	speed, time, distance, calories, pulse, heart rate and bodyfat
Programms	24 motivational fitness programmes plus 3 user-defined personal programmes
Max. User Weight	120 Kgs
Assembly Area (LxWxH)	1770x690x115mm
Features	Built-in transport wheels make it easy to move once setup Floatride+ cushioning technology for an ultra-smooth running experience Integrated surround sound speaker system with Bluetooth connectivity speed, time, distance, calories, pulse, heart rate and bodyfat Smart device media dock suitable for all major smart phones and tablets Kinomap compatible – run real-world routes, challenge your friends and analyse workouts First time non foldable DC motor machine



ZJET430 ELLIPTICAL CROSS TRAINER

Resistance	8 Level Manual
Display Type	5.5" LCD Display
Display Reading	Speed, Time, Distance, Calories, Pulse, Heart Rate, RPM
Program	3 Target Programs
Max. User Weight	120 Kgs
Assembly Area (LxWxH)	53"x27"x68"(1346x685x1727mm)
Features	Built-in Transport Wheels, Dual Action & Fixed Handlebars Floor Level Adjustment, Integrated Hand Pulse Sensors Mobile Phone Holder, No Mains Power Required, Rear Drive Elliptical Recovery & HRC Function Stride Length - 38cm, Sturdy Footplates, Water Bottle Holder





GT40S TFT ONE SERIES TREADMILL-TFT BLACK

Motor (Normal/Peak)	2.0 HP DC
Speed Range	1 - 16 Km/Hr
Walking Area (LxW)	(51"x17")1320x440mm
Incline	12 Level Auto
Display	10.1" TFT Touchscreen
Max. User Weight	110 Kgs
Features	Quick Speed & Incline Keys Integrated Hand Pulse Sensors iPod Connectivity (via wire) Speakers, Dual Bottle Holders Transport Wheels, Floor Level Adjustment Foldable, MP3 Input with 5W Speakers ONE Series Cushioning Auto-Stop Safety Key, Soft drop Hydraulic Folding Built-in Transport Wheels, Two Storage Trays

10.1" TFT Touchscreen



MP3 & USB



Bottle & Mobile Holder



ONE Series Cushioning



Incline



Hand Pulse



Safety Key



PLATFORMS



RAP-11150RD
Reebok Step



RSP-16160
Core Board

BANDS



RSTB-16070-74
Power Tube
(Level 1, 2, 3, 4, 5)



RSTB-16075-77
Adjustable Resistance Tube
(Light, Medium, Heavy)

KETTLE BELLS



RSWT-12304, 8, 12, 16, 20,
24, 28, 32, 36, 40, 50
Kettle Bell
(4, 8, 12, 16, 20, 24, 28, 32, 36, 40, 50 Kgs)

GYM BALLS



RSB-16015, 16, 17
Gym Ball
(55, 65, 75cm)

YOGA MAT



RSYG-16021BK
Studio Mat Black



RSYG-16028
Pilates Mat



PRKNE01K
Neoprene Dumbbell
2x1, 2x1.5, 2x2, 2x3, 2x4, 2x5,
2x8, 2x10 Kgs



PRO-TS04
Digital Skipping Rope



PRO-SJR-01
Speed Jump Rope



PRO-TS03
Foam handle Jump Rope



PRO-LLS01
Stretch Resistance Band Set



PRO-TLD02
Anti-Slip Resistance
Loop Band Set



PRO-DZ02
TPE Yoga Mat
1830x660x6mm



PRO-DZ02
Yoga Mat - 173x61x0.35cm



PRO-DZ04
Jump Rope Mat
6, 8mm



PRO-FJ02
Cool Towel



PRO-LLP
Anti-Slip Resistance Band Set
2m, 1.5m



PRO-DZ01-2
Four-folding Exercise Mat
244x91cm Thickness - 41mm



PRO-JFL01
Collapsible Abdominal Wheel



PRO-YJ04
Purple Massage
Balance Ball (Bosu ball)



PRO-YJ01
Gym Yoga Ball - 1830x610x5mm
55, 65, 75cm



PRO-YJ02
Yoga Block (Pair)
228x150x76mm



PRO-HLQ02
Adjustable Intelligent
Counting Hula Hoop



PRO-HLQ01
Hula Hoop
(4-4) (7-4)



PRO-YDSH01
Water Bottle
1000ml, 500ml



PRO-ZS01
Battle Rope 9m, 12m
Thickness-38mm



2105
ROUND DUMBBELLS



S125
IMPORTED WEIGHT PLATE



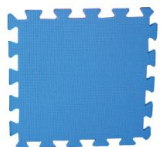
1105 FOAM HAND GRIP



1357 FLEXIBILITY STRAP



W1412 AB SLIDER



9019 Foam interlocking Mat

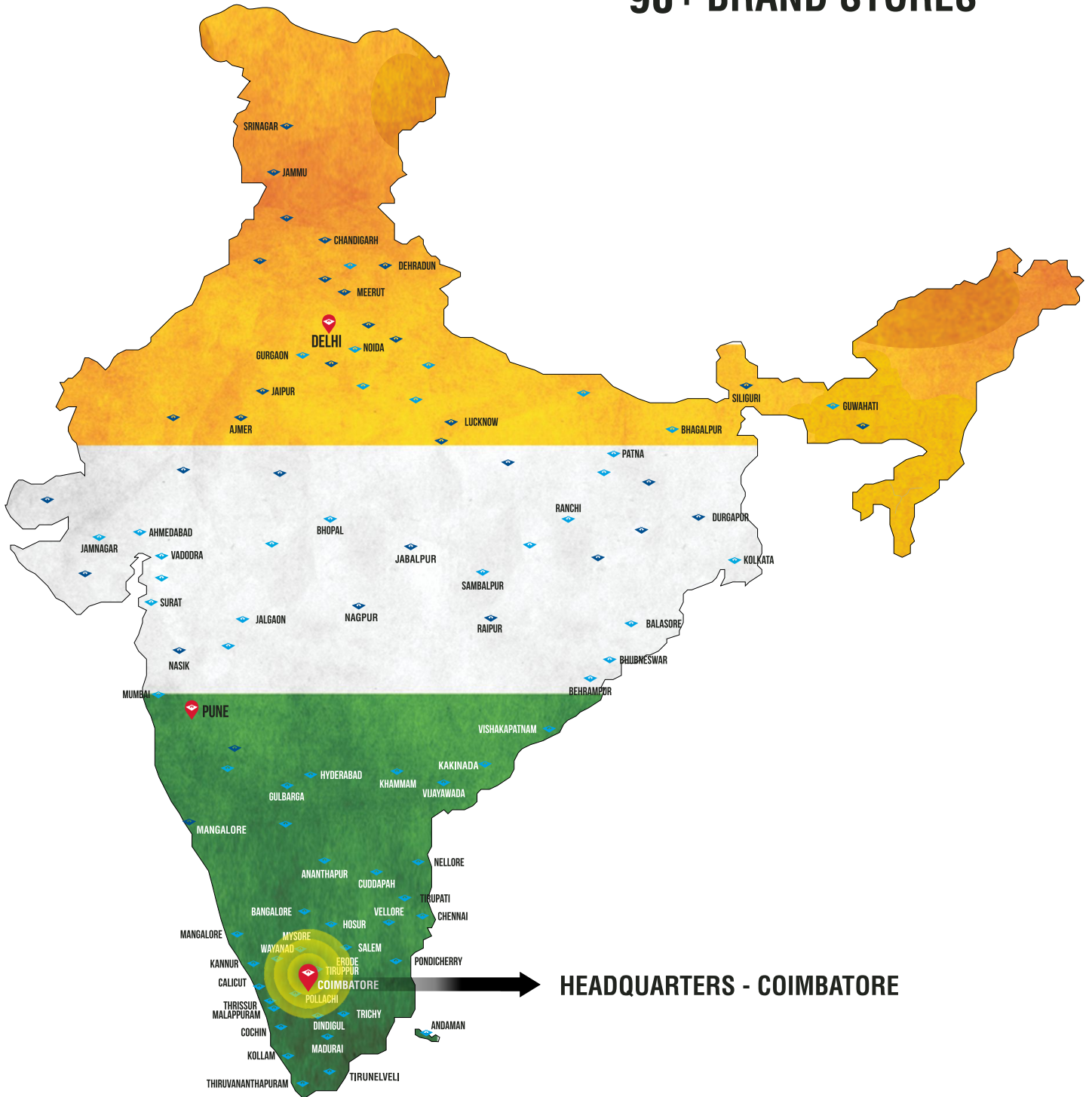
OUR STRENGTH



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